



Best Practice-I

Title of the practice:

Girl Student's menstrual hygiene

Objective of the practice:

Objective of the practice is to maintain health hygiene during menstruation by providing sanitary pads to girl students at a cheaper rate than market.

Context:

It is a taboo issue in our Indian society especially for the girls of poor and backward social background to discuss about menstruation openly. They hesitate to talk about it and they adopt unhygienic ways for it by using old clothes that may lead them to diseases. Sometimes they don't come to college during menstruation.

The Practice:

In order to overcome this taboo issue, IQAC has decided to assign a duty to Female lecturer namely, Dr. Ilaben Sagar to purchase such sanitary pads from the market and to provide it to needy girls at cheaper and affordable price. Ladies Representative and other female members of the SRC are there to help in this practice. IQAC has assured to purchase sanitary pad vending Machine, if response is there from the girl students.

Evidence of Success:

Though it can not be regarded as a success, but we are successful in bringing to the notice of girl students that we care for their health & hygiene. This initiative has made girls aware about menstrual hygiene. Even in irregular classroom attendance due to Corona, 100 out of 200 sanitary pads have been sold so far.

Problems encountered and Resources Required:

As mentioned earlier, girls hesitate to demand it from even a female lecturer. As a result, there is a problem of maintaining balance-sheet. Due to corona pandemic, colleges were closed for a long period and when opened attendance was not mandatory, so there was much less presence of girls.

As far as resources are concerned, it needs to purchase a sanitary pad vending machine ranging from Rs. 5000 to Rs. 100000 and an Incinerator costing from Rs. 15000 to Rs. 10000 to dispose off used sanitary pads. Still we are waiting for the response from girls to purchase these machines.

Principal

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